

## Fort Henry Heights Skating Club – Calendar – March 2026

0226

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1 MARCH</b> Constantine <i>(see schedule below)</i>	<b>2</b> Catarqui Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	<b>3</b>	<b>4</b>	<b>5</b> Catarqui Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	<b>6</b> FHHSC HIGH TEST DAY 7:00-9:00 PM	<b>7</b> Constantine <i>(see schedule below)</i> Adult/Teen <i>(see schedule below)</i>
<b>8</b> Constantine <i>(see schedule below)</i> DAYLIGHT SAVINGS TIME	<b>9</b> Catarqui Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	<b>10</b>	<b>11</b>	<b>12</b> Catarqui Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	<b>13</b> Constantine Friday Slice of ice 7:00-8:50 pm STAR 3-Gold	<b>14</b> Constantine <i>(see schedule below)</i> Adult/Teen <i>(see schedule below)</i>
<b>15</b> Constantine <i>(see schedule below)</i>	<b>16</b> Catarqui Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	<b>17</b>	<b>18</b>	<b>19</b> Catarqui Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	<b>20</b> Constantine Friday Slice of ice 7:00-8:50 pm STAR 3-Gold	<b>21</b> Constantine <i>(see schedule below)</i> Adult/Teen <i>(see schedule below)</i>
<b>22</b> Constantine <i>(see schedule below)</i>	<b>23</b> Catarqui Kinsmen Ice 4:30-5:20 pm STAR 1-5 STAR 6-GOLD	<b>24</b>	<b>25</b>	<b>26</b> Catarqui Kinsmen Ice 4:00-5:20 pm STAR 6-Gold 4:30-5:20 pm STAR 3-5 Plus	<b>27</b> Constantine Friday Slice of ice 7:00-8:50 pm STAR 3-Gold	<b>28</b> Constantine <i>(see schedule below)</i> <b>ICE SHOW PRACTICE SCHEDULE TBA</b>
<b>29</b> Constantine <i>(see schedule below)</i> <b>ICE SHOW PRACTICE SCHEDULE TBA</b>	<b>30</b> <b>ICE SHOW PRACTICE SCHEDULE TBA</b>	<b>31</b> <b>ICE SHOW PRACTICE SCHEDULE TBA</b>	<b>1 APRIL</b> <b>ICE SHOW PRACTICE SCHEDULE TBA</b>	<b>2 APRIL</b> <b>ICE SHOW PRACTICE SCHEDULE TBA</b>	<b>3 APRIL</b> GOOD FRIDAY NO SKATING	<b>4 APRIL</b> <b>ICE SHOW PRACTICE SCHEDULE TBA</b>

### CONSTANTINE - Saturday Schedule

6:00-8:50 am STAR 6-GOLD  
 7:50-8:50 am FLOOD  
 8:00-8:50 am STAR 3-5 & STAR 6-GOLD GROUPS (Plus 7:10-8:00 am)  
 8:50-9:00 am FLOOD  
 9:00-9:50 am PRE STAR AND STAR 1-2  
 9:50-10:00 am CANSKATE SET UP  
 10:00-10:45 am CANSKATE/ PRE CANSKATE (A Session)  
 10:45-11:30 am CANSKATE /PRE CANSKATE (B Session)  
**Note:** CanSkate Sessions include 10 minute off-ice warm up  
 A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am  
 Adult/Teen -- 7:00-7:45 pm A/CANSKATE 1-3 7:45-8:30 pm A/CANSKATE 4-6  
 7:00-8:50 pm A/STAR 1-3 GROUP 7:00-8:50 pm A/STAR Ice

### CONSTANTINE - Sunday Schedule

6:00-8:50 am STAR 6-GOLD  
 7:50-8:50 am FLOOD  
 8:00-8:50 am STAR 3-5 & STAR 6-GOLD GROUPS (Plus 7:10-8:00 am)  
 8:50-9:00 am FLOOD  
 9:00-9:50 am PRE STAR AND STAR 1-2  
 9:50-10:00 am CANSKATE SET UP  
 10:00-10:45 am CANSKATE/PRE CANSKATE (A Session)  
 10:45-11:30 am CANSKATE/PRE CANSKATE (B Session)  
**Note:** CanSkate Sessions include 10 minute off-ice warm up  
 A Session: 9:50 am to 10:45 am B Session 10:35 am to 11:30 am